### JAMES L. WELLHOUSE, M. D. 1601 18th Street, N. W. Washington, D. C. 20009

TELEPHONE: 232-6611

**Exercise 14, 1978** 

Robert Gruber, M. D. Chestnut Lodge 500 West Hontgowery Avenue Rockville, Maryland 20850

RE: Dr. Paphael Osheroff

Dear Doctor Gruber;

This is to summarize for you my contacts with the above-named individual whom! discussed with you today as a possible applicant for admission for inpatient treatment.

Doctor Osheroff is a forty year old physician who was first referred to me for outpatient therapy in February, 1977, because of increasingly painful symptoms of depression centering then around two main issues: II fears of losing his then 8 and 5 year old sons by a previous marriage because his ex-wife and her new husband were planning to move to Europe with the boys, and one of the sons, bearing the same name as Dr. Osheroff's father, had always seemed a special link with the father, who died when Dr. Osheroff was in late adolescence; and 2) fears that his renal dialysis business in northern Virginia was in danger of disintegrating in the face of territorial threats both within and without his own organization, and with a shaky financial picture at the time. Less prominently mentioned then, but of continuing importance, has been the growing tensions within his current, second, marriage, with a young physician now completing her medical sub-specialty training at the Washington Rospital Center, who had born a son just before Christmas, 1976, and who has felt abile bedaily the baby have been grossly neglected by Dr. Osheroff. Mrs. Osheroff has been engaged during the past year in psychotherapy to hopefully better understand her contributions to these tensions.

Doctor Osheroff has been seeing me in three or four times a . week psychotherapy since that time, and early on showed symptomatic improvement, apparently taking increasing charge of his difficult situations. Fe entered into negotiations to sell his dialysis business to a large national operation in order to consolidate his economic position. In September, 1977, immediately after a Yom Kippur visit to , his sons in Europe, he concluded the sale of his business in a state of some degree of panic. Although he received a strable firancial settlement and retained a managerial role with a significant share of the profita, he has grieved unconsolably since that time in the face of what he sees as his self-castration. Suicide has been a nearly constant preoccupation. There have been periods of hypomanic behavior, alternating with periods of great lethergy. He has been periodically disatisfied with the course of our essentially analytically oriented psychotherapy, with occasional efforts to use anti-depressant medication. He consulted Dr. Nathan Kline in Mew York, and tried larger doses of Sinequan and also Lithium for a period of time, with some symptomatic relief, but the basic

### JAMES L. WELLHOUSE, M. D. 1601 18th Street, N. W. WASHINGTON, D. C. 20003

TELEPHONE: 232-8611

-2-

preoccupation with the idea that he is a ruined man continued anabated, and he eventually stopped taking the medications, on his own initiative. He calls his mother in New York two or three times daily, constantly expressing the same themes. We apparently cannot refrain from regaling his current professional associated also with expressions of his sense of hopelessness. He repeatedly attacks me for my nondirectiveness which be feels encouraged the passivity in him leading to his destruction. Early in his therapy with me he had similarly attacked his previous therapist for his intrusiveness with both him and his ex-wife which he feit led to the dissolution of that marriage by encouraging acting out. Recent specific threats by his current wife that she will leave him soon if he does not gain control of his constant self-destructive preoccupation are a precipitating factor in his now seaking more intensive care in an inpatient setting. Concurrently his mother's therapist, and I, have been able to help her set some limits on his "dumping" on her. In essence, he has been increasingly blocked in his efforts to externalize his conflicts, and the necessity for working internally has become almost unbearable. It is on this basis that he now wishes to consider my suggestion that he enter into a more structured, safer, treatment program, which has also been strongly supported by his wife and his mother.

Doctor Osheroff is the only child of a doting, but bery articulate and perceptive, Jewish mother and a rather cold and distant businessmen father. He was always precocious, talented child-he is now an accomplished musician-but feels he has never lived up to his exalted expectations of himself, and that he has frequently snatched defeat from the jaws of victory. He has always been subject to temperamental outbursts. At times during the past year, he literally beats limself in the face, in thesapy sessions, and in visits with his mother, and sometimes literally kicks the floor as a small child would in a tantrum. It is noteworthy, however, that he apparently can contain this behavior in his wife's presence. He apparently has been able to carry on his work with pptients throughout this turnoil, although he is finding this increasingly burdensome. It should be noted that Dr. Osheroff is an extremely bright, quick, articulate individual with tremondous driveas demonstrated by his building up a multimillion dollar dialysis empire out of practically nothing over a period of five years.

In summary, Dr. Osheroff is being referred for possible impatient treatment for a chronic severedepressive state, associated with intense naccissistic injury, essentially intractable to outpatient treatment over the past year. If there are further questions, or other contributions I can make to your evaluation, I hope you will contact me.

Sincerely,

January 5, 1979

Francis A. Board, M.D. 916 19th St., NW Washington, DC 20006

Dear Dr. Boards

Dr. Raphael Osheroff has recently been admitted to our hospital for treatment of severe depression. He has informed us that you have treated him in the past for psychiatric illness, and we would appreciate very much your sending us a summary of the data you obtained, as well as your formulation, disgnosis, treatment and its results. Enclosed is a release of information signed by Dr. Osheroff.

Thank you for your help in this matter.

Sincerely,

C. Wesley Dingman, M.D.

CkD:rs:

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Date //- / 75

### FERMISSION FOR RELEASE OF INFORMATION

I hereby give permission for the release of information to

Chestnut Lodge in the case of RIVARI (1505) FR

by Dr. FRANCE RIVARD

(Signed)

Witness: OSDargun MD



January 5, 1979

Nathan Kline, M.D. 130 E. 77th St. New York, N.Y. 10021

Dear Dr. Kline:

Dr. Raphzel Osheroff has recently been admitted to sour hospital for treatment of source depression. He has informed us that you have treated him in the past for psychiatric filness, and we would appreciate very much your sending us a simpary of the data you obtained, as well as your formulation, diamonis, treatment and its results. Enclosed is a release of information signed by Dr. Osheroff.

Thank you for your help in this matter.

Sincerely,

C. Wesley Dingman, M.D.

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Encl.



Date 1/2/21

### PERMISSION FOR RELEASE OF INFORMATION

I hereby give permission for the release of information to

Chestnut Ledge in the case of RAPARE DEFERRE

by DE NETHEN KLINE

May Det John (Signed)

Chiprocare -11



January 5, 1979

James L. Wellhouse, M.D. 1601 16th St., NW Washington, DC 20009

Dear Dr. Wellhouse:

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Thank you for your help in this matter.

Sincerely,

C. Wesley Dingtan, M.D.

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Encl.



### PERMISSION FOR RELEASE OF INFORMATION

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Witnes:

765 EXHIBIT

## NATHAN S. KLINE, M.D., F.A.C.P. AND COLLEAGUES

ONE THIRTY EAST SEVENTY-SEVENTH STREET
NEW YORK, NEW YORK 10021

January 17, 1979

C. Wesley Dingman, M.D. Chestnut Lodge 500 W. Montgomery Avenue Rockville, Maryland 20850

Re: Dr. Raphael Osheroff

Dear Dr. Dingman:

Dr. Raphael Osheroff attended this office July 24, 1978 with one to two years history of depression apparently precipitated by his children going to Europe and his selling his successful company. He was severely depressed and unable to function. He was treated with Sinequan increasing to 200 mgs. daily. He had slightly improved on August 9, and completely on August 23. However, he had some racing thoughts and extravagant ideas and Lithium was added.

He was last seen on September 20, and was well.

Sincerely,

Nigel Bark, M.D.

NB/mc

EXHIBIT
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HCA 82-262

JAMES L. WELLHOUSE, M. D. 1601 18th STREET, N. W. WASHINGTON, D. C. 20009 TELEPHONE: 232-6611

January 10, 1979

C. Wesley Dingman, M. D. Chestnut Lodge 500 West Montgomery Avenue Rockville, Maryland 20850

Dear Dr. Dingman:

In response to your recent request for information about Dr. Osheroff, I am enclosing a copy of the report which I prepared for submission to Dr. Gruber when hospitalization was first being explored. I am not sure that Dr. Osheroff ever actually submitted the original.

I hope that this summary will be helpful to you, but if there are further questions about our work together, please feel free to contact me.

I wish you, and Dr. Osheroff, well in your efforts. If I can ever be of any help, I will be glad to do whatever I can.

Sincerely,

James L. Wellhouse, M. D.

### MONARCH LIFE INSURANCE COMPANY

Claims Office
1250 State Street
Springfield, Massachusetts 01133

## Progress Report

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Physician's Name (Print)	Signed William Jung	process Physicas
Date 4/23/79	Montgomery Ave. City and State R. Thank You Very Much	ockville, Md. Zip Code 208
Address (Street and Number) 500 h	Thank You Very Much	
	AND ARCH LIFE INSURANCE CO	MPANY

Please return to MONARCH LIFE INSURANCE COMPANY

Address shown on the reverse side THIS FORM APPROVED BY INTERNATIONAL CLAIM ASSOCIATION AND AMERICAN MEDICAL ASSOCIATION

6761 20, 1979

Mr. R. C. Levole

Regional Cinima Director

Rocarch Life Insurance Company

1250 State Street

Springfield, Moss. 01133

Re: Rephael Osheroff, M.D.

Dear Mr. Levole:

At the time of his sdaitsion to Chestnut Lodge (1/2/79), pr. Raphael Oshereff gave the following information regarding the history of his symptoms and previous psychiatric treatment:

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2, 1971 - 1978

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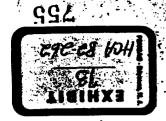
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Dr. Dahrrott also felt his symptoms of depression, agitation and anxiety began in the fall of 1976, but, though these symptoms have Eluctuated in intentity, they were never so severe so to result in algnificant disclility with respect to his profession, until about two menths prict to his admission becc. There is an elout two menths prict to his admission or confinence as a result of early prior hospitalization or confinence as a result of gasthiatric filthese.

Sincerely,

C. Wesley Dingmen, N.D. Clinical Administrator

CHD: ABD



Mr. Frank Notaris 747 Third Avenue New York, N. Y. 10017

Re: Dr. Raphael Osheroff

Dear Mr. Notaria:

Enclosed is the form requested. I trust it was to be returned to you rather than to

We have stopped all of Dr. Ocheroff's telephone calls. I understand he has been calling
you excessively. It does not seen in his best
interest to permit this. It distracts him from
doing the solid kind of therapeutic work here
that will enable him to get ever his problems
and go on with his work in a constructive way.
He still says that he is broke. I have been
waiting to hear from you for some time now about
a conference with him to outline his exact
financial situation. It will be important that
I be involved in this to hear the facts, too,
in order to withstand his continual statements
of being broke.

Sincerely yours,

(Mrs.)Elizabeth Pelacios, LCSW Payeliatric Social Worker

LP: vem Encl.



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LAW OFFICE

### MARTIN A. GANNON, P.C.

411 X. WARRINGTON STREET

P. O. BUE 1286

ALRIANDRIA. VIRGINIA 22313

(703) 636-2770

IICHARD J. DW1Km, 441

RICHARD J. DW1 Km. 111 JAMES RAY COTTINELL MICHAEL ALAN WARD May 8, 1979

Mrs. Palacious, Staff Supervisor Chestnut Lodge 500 W. Montgomery Avenue Rockville, Maryland 20850

In re: Dr. Raphael Osheroff

Dear Mrs. Palacious:

This letter is a follow-up to our conversation on the phone yesterday afternoon, May 7, 1979, regarding my client, Dr. Raphael Osheroff.

I would very much like to meet with the Staff Administrati a psychiatrist whom you referred to in our conversation on the phone on May 7th, 1979, just as soon as possible, as I firmly believe that it is imperative that I am allowed to speak with Dr. Osheroff regarding his legal problems with both his forcer wife, Mrs. Otto, and his present wife, Dr. Drass.

I would once again restate my position as Dr. Osheroff's attorney, that I do not want you or any member of the Staff at Chestnut Lodge to discuss Dr. Osheroff's condition or anything pertaining to his convalescence there at Chestnut Lodge with any other person or legal entity.

If you or the Staff Administrative psychiatrist could call me to arrange for a mutually convenient date to meet, I'll be more than happy to come to Chestnut Lodge regarding these mist important matters.

Sincerely yours,

Martin A. Gannon

MAG/eb



Mr. Frank Notaris 7/7 Third Avenue New York, New York 10017

Re: Dr. Raphael J. Gsheroff

Desr Mr. Notaris:

Enclosed find progress report.

From the dates of this and the last one, it looks as if these reports might be required every two weeks. Is this possible? If so, is there any way to change this, at least to monthly? A report every two weeks for a long-term treat ent process is, or seems to be, an inordinate amount of paper work.

Sincerely yours,

(Yrs.)Elizabeth Palacios, LCSW Psychiatric Social Worker

EP: van Encl.



### MONARCH LIFE INSURANCE COMPANY

Claims Office
1250 State Street
Springfield, Massachusetts 01133

Progress Report

Raphael J. Osheroff	1 675	im No.	To be completed on	If you are
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### ATTENDING PHYSICIAN'S STATEMENT

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Address (Street and Number) 500 1	W.Montgomery Ave. City and State Rockville, Md.	Zip Code 20850
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Please ret	urn to MONARCH LIFE INSURANCE COMPANY	

Address shown on the reverse side

THIS FORM APPROVED BY INTERNATIONAL CLAIM ASSOCIATION AND AMERICAN MEDICAL ASSOCIATION

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